

Hunter Park GardenHouse Fall-Winter CSA 2017-2018

Information Sheet



Our CSA

Thanks for your interest in the Hunter Park GardenHouse Fall-Winter CSA! We love growing veggies year-round and teaching folks how to grow them! We put a lot of thought into what goes into a CSA share, and we've seen seven successful Fall-Winter CSA seasons so far. We utilize sustainable growing practices, and stringent food safety measures, so you can be sure our produce is safe and healthy for you and your family.

The **Fall-Winter CSA** will run for twenty weeks, September 27 – February 14.

In the share each week, members will receive:

- A seasonal assortment (5-13 items) of fresh, locally grown vegetables. Due to seasonality, some weeks will be lighter than others. Projected items include: **Salad mix, spinach, kale, collards, Swiss chard, carrots, beets, Brussels sprouts, cabbage, bok choy, scallions, winter squash (acorn, butternut, delicata), potatoes, onions, radish, turnips, kohlrabi, garlic, peas, beans, and herbs.** In the beginning of the season there will also be eggplant, tomatoes, peppers, husk cherries, and tomatillos.
- A newsletter with healthy recipes utilizing the week's produce, and upcoming food and garden-related events.
- An occasional bouquet of cut flowers (in the beginning weeks of the season).

Add-On Shares

We offer add-on items to further increase the diversity of items in your box. We partner with local farmers and producers who participate in the Allen Market Place Exchange to offer eggs, bread, coffee, cheese, honey, black beans, and meats! See the payment worksheet for further details.

Work-Share, Cost & Payment

We offer a unique selection of share and payment options:

Share Options:

1. **All Pay:** Members pay \$26 per share.
2. **Work-Share:** *A limited number of these shares are available.* Members pay \$16 per share and work 2.5 hours per week, 5-12.5 hours per month (depends on month). Members must commit to work during weekly scheduled shifts. Members must complete a Work-share application, ANC volunteer application and Background Check waiver. **Work-Share Application is due August 16.** If the 2.5 hours per week, 5-12.5 hours per month (depends on month) are not completed by the last day of the month, you will be charged \$4.00 per hour that is incomplete, which must be paid at the first pick-up of the following month.

Payment Options:

1. **Lump Sum:** Pay full balance at the start of the program (check or credit only). Due no later than **September 6, 2017.**
2. **Monthly:** Due by the first pick-up of each month. \$52 deposit (\$48 work-share deposit) is due no later than **September 6, 2017** (payable by check or credit only). The deposit will be forfeited if you drop out mid-season, otherwise it will be applied to the final weeks of the Fall-Winter CSA.
 - *Monthly Payment Schedule:* Sept. 27 (\$130 All Pay; \$80 Work-Share), Nov. 1 (\$130 All Pay; \$80 Work-Share), Dec. 6 (\$78 All Pay; \$48 Work-Share), Jan. 3 (\$130 All Pay; \$64 Work-Share).
3. **Weekly SNAP Payments:** For SNAP & Double Up Food Bucks payments only. Pay at the point of pick-up for your share. \$52 deposit (\$48 work-share deposit) is payable by check, credit, or Double Up Food Bucks only and is due no later than **September 6, 2017.** The deposit will be forfeited if you drop out mid-season, otherwise it will be applied to the final weeks of the Fall-Winter CSA. *SNAP can only be accepted at point-of-sale (not in advance or after).*
 - *Weekly SNAP Payment Schedule:* Weekly (\$26 All Pay, \$16 Work-Share).

*Other Policies:

- You are responsible for paying for each share, even if you miss a pick up.
- SNAP can only be accepted at point-of-sale (not in advance or after).
- If you pay via Lump Sum and drop out mid-season, we will refund your balance less \$52 (cost of two weeks of the CSA).
- There is no refund for add-on shares.
- There is a \$12 fee for bounced checks.

Checks made payable to: Allen Neighborhood Center (Fall-Winter CSA in the memo line). Drop off at or mail to: 1611 E. Kalamazoo Street Lansing, MI 48912.

Harvest & Pick Up

Harvest takes place on Wednesday mornings from 9:30am-12pm. All members are welcome to volunteer during the CSA harvest (an ANC Volunteer Application and Background Check waiver must be completed).

Shares are available for pick-up on **Wednesdays from 3:30-6:00pm** at the Allen Market Place (1629 E. Kalamazoo St).

Produce will be packaged in a reusable box labeled with your name. **Empty boxes must be returned at each pick-up, and at the end of the season** which helps us ensure a low environmental impact while minimizing program costs.

If you are unable to pick up your share during the available time, you must make prior arrangements with the GardenHouse Director; otherwise your share may be forfeited. If you know you're going to be out of town, or unable to make the scheduled pick-up time, we encourage you to coordinate with family, friends, or neighbors to pick up your share during the scheduled time.

Volunteering

We are always excited about extra hands helping in the garden. Throughout the season, there is an endless amount of weeding, planting, harvesting, and other tasks to be done. If you or someone you know is interested in volunteering at the GardenHouse, please contact our Volunteer Coordinator at: 517-999-3919 or volunteer@allenneighborhoodcenter.org

What Makes Our CSA Special

You are supporting programs of the Hunter Park GardenHouse.

Your CSA membership funds programs that serve our community. We host regular garden education workshops & courses, are open 6 days a week, and serve as a demonstration site for garden, sustainability, and entrepreneurial projects. Our after school and summer youth programs, Take Root and Youth Service Corps, teach youth job and life skills through community service projects and garden and nutrition education. A significant portion of the CSA revenues are used to support these programs because that's what we're all about.

We are inclusive of our neighbors.

We offer work-shares and multiple payment options to include those who otherwise might not be able to afford membership in a CSA. We are one of a few CSAs accepting SNAP (Bridge Cards) for payment. Credit and SNAP tokens can be purchased at the Market Bank in the Allen Farmers Market.

We support other farmers and food producers.

We offer a variety of add-on shares from local farmers and food producers to get their high-quality products in the hands of customers. We work with these businesses to ensure they receive fair prices for their products.

You pick up at the Allen Neighborhood Center during the Allen Farmers Market.

Each week you'll get a chance to enjoy the Allen Farmers Market and support other local vendors if there are other items you'd like to purchase. It's a one-stop shop for all your local food needs. It's also a great place to catch up with friends and neighbors.

What Our Members Are Saying About Our CSA

"It encourages me to eat healthier because I regularly receive healthy ingredients and a recipe."

"I love the convenience of fresh food."

"I look forward to my 'meal in a box' each week."

Words of Wisdom

CSA is not for everyone. One of the cornerstones of Community Supported Agriculture (CSA) is shared risk. "The essence of the relationship," as Elizabeth Henderson states in *Sharing the Harvest*, "is the mutual commitment: The people support the farm and share the inherent risks and potential bounty." Part of the mystique associated with being involved in a CSA comes from the organic uncertainty surrounding the fact that, because of factors beyond our control, we cannot guarantee what exactly will be in your share each week. If you know that you are not fond of trying new things, or you head out of town every week, or you aren't up for shared risks, you might be happier just visiting the Allen Farmers Market and picking out what you know you'll use.

So, think about it, discuss it. You are signing a binding contract. Ask questions, ask other CSA members. We want your CSA experience to be a good one and we work hard to insure that it is. With the GardenHouse share we are here, open to chat or hear constructive criticism, issues, problems and work with you to make your CSA experience a positive one.

Thank You for Supporting the Hunter Park GardenHouse!

If you have any questions, contact Hunter Park GardenHouse Director, Rita O'Brien, at 517-999-3910 or ritao@allenneighborhoodcenter.org

Hunter Park GardenHouse Fall-Winter CSA 2017-2018 Application

Name: _____

Address: _____

City: _____ Zip Code: _____

Phone Number: _____

Emails: _____

Check the option that applies:

- I am a returning CSA member. Last season/year you participated in the CSA? _____
- I am applying for the first time. How did you hear about us? _____

Share Type (select one):

- All Pay
- Work-Share (must complete a work-share application on the back of this form. Application due by August 16).

Payment Method (select one):

- Lump Sum- Pay your whole balance at the start of the program. Check and Credit only, due no later than **September 6, 2017**.
- Monthly- Pay a \$52 deposit (\$48 work-share deposit) at the start of the program. Check and Credit only, due no later than **September 6, 2017**.
- Weekly SNAP Payment- Pay at the point of pick-up for your share with SNAP (Bridge Cards) & Double Up Food Bucks only. \$52 deposit (\$48 work-share deposit) is payable by Check, Credit, or Double Up Food Bucks, due no later than **September 6, 2017**.

Add On Shares:

- Select which add-on shares you'd like on attached worksheet.

Agreement

- I wish to join the Hunter Park GardenHouse Fall-Winter CSA and I have read and understand the details outlined on the information sheet.
- I agree to check in on the sign-in sheet before each pick-up and only take what is allotted in that week's share.
- I agree to bring my empty box back each week and at the end of the CSA season.
- I agree to adhere to the pick-up time of Wednesday 3:30-6:00pm. I understand that failure to pick up my share during pick-up times may constitute forfeiture of that share.
- I agree to communicate immediately to the GardenHouse Director, of any changes in my commitment to this agreement.

Signature: _____ Date: _____

Please fill out the application & agreement forms and mail in or drop off at our office. **If accepted, you will receive a confirmation from the GardenHouse Director.** Please keep a copy for your records.

Allen Neighborhood Center
Attn: Hunter Park GardenHouse Fall-Winter CSA
1611 E. Kalamazoo Street
Lansing, MI 48912

Work-Share Application

Work-Share Applications are due no later than August 16, 2017.

Members will be notified of their selection status on August 18.

Work-shares are intended for neighbors who otherwise might not be able to afford membership in a CSA. A limited number of these shares are available. A work-share member needs to be comfortable doing physical work in all weather conditions, including extreme heat, cold, and rain. They should be able to lift and carry 40 pounds. They should be able to talk and work at the same time, as they are doing important work that needs to get done by the end of the shift. Work-share hours must be completed by 1 person, who must be 18+ years old, and children are not allowed to accompany the work-share member to GardenHouse shifts. As work-share hours are in lieu of payment, we expect 100% effort, reliability, and professionalism.

Work-Share shifts are held in the Hunter Park GardenHouse:

Monday-Friday: 9:30am-12pm

Please check any that apply.

- I am in a low-income household.
- I would be willing and able to do an All Pay share.
- I am able to commit to 2.5 hours of scheduled volunteer shifts each week for the duration of the CSA season.
- I am able to perform an assortment of gardening and greenhouse tasks (weeding, watering, harvesting), lift and carry 40 pounds, and learn and work quickly.
- I am able to work in a variety of weather conditions (cold, hot, humid, snowy, rainy, etc.)
- I will complete an ANC Volunteer Application & Background Check Consent form.

Please answer the following questions:

What is the number in your household? _____

(tax filers + tax dependents= household). Who to include in household: yourself, your spouse, your children who live with you, anyone else under 21 who you take care of and lives with you, your unmarried partner (only if one or both of these apply: they are your dependent for tax purposes, they are the parent of your child).

What is your Household Gross Income? _____

(Use instructions above to figure out who to include in your household gross income.)

Do you receive SNAP?

- Yes
- No

What type of health insurance do you have?

- Medicaid
- Ingham Health Plan (IHP)
- Affordable Care Act
- Employer
- Other:

Are you planning on sharing your CSA share and splitting the cost of the share?

- Yes
- No

Hunter Park GardenHouse Fall-Winter CSA Work-Share Shifts (September 25 – February 16)

Monday-Friday: 9:30am-12pm

Please indicate your availability to commit to a weekly Work-Share Shift.

Monday	Tuesday	Wednesday	Thursday	Friday
9:30am-12pm	9:30am-12pm	9:30am-12pm	9:30am-12pm	9:30am-12pm

Fall-Winter CSA 2017-2018 Payment Worksheet

Pick one of the following options for the Vegetable Share: 1 box of fresh local produce, weekly for 20 weeks, September 27 – February 14.			
Option	Price	QTY	Total Price
Lump Sum Payment for All Pay Share	\$520		
Lump Sum Payment for Work-Share	\$320		
Monthly & Weekly SNAP Payment Deposit for All Pay Share	\$52		
Monthly & Weekly SNAP Payment Deposit for Work-Share	\$48		

Add On Shares: you can select multiple quantities of each of the add-on shares. Add-on shares must be paid in full by September 6, 2017.

Item	Description	Price	QTY	Total Price
Brown Eggs	<i>1 dozen bi-weekly, for ten distributions.</i> From Grazing Fields Cooperative (Charlotte, MI), a multi-farm cooperative of small to mid-sized local farmers who are dedicated to raising healthy, happy hens that are pasture raised and cage-free.	\$38		
Bread	<i>1 loaf weekly, for twenty distributions.</i> From Stone Circle Bakehouse (Holt, MI). Delicious artisan bread that is gently mixed, slowly fermented, hand-shaped, and baked in a wood-fired oven.	\$105		
Coffee Beans	<i>1 pound bag of whole beans bi-weekly or monthly, for ten bi-weekly distributions or five monthly distributions.</i> From Rust Belt Roastery (Lansing, MI). This wood-roasted coffee is delicious, Certified Fair Trade and Organic, and from 1 of only 8 wood-roasted coffee producers in the U.S.!	\$175 (bi-weekly); \$87.50(monthly)		
Cold-brew Coffee	<i>1 pint bi-weekly, for ten distributions.</i> From Rust Belt Roastery (Lansing, MI). The cold brew process produces a smooth, less acidic coffee with a powerful punch! Certified Fair Trade & Organic.	\$75		
Cheese	<i>½ pound bi-weekly, for ten distributions.</i> From Hickory Knoll Creamery (Eaton Rapids, MI). Delicious artisan, pasture-raised cow & goat cheeses include a variety of Tommes, sharp cheddar, Kronberg (Appenzeller-style Swiss), and Poitou (Raclette-style).	\$81		
Dry Black Beans	<i>1 pound bag monthly, for five distributions.</i> From Ferris Organic Farms (Onondaga, MI). This family farm has been around since 1837 and is Certified Organic.	\$15		
Honey	<i>1 pound jar, for one distribution.</i> From Bee Wise Farms (Lansing, MI). Adam & Lacey Ingrao provides mentorship and education in responsible beekeeping practices, and their high-quality honey is delicious. One of their hives is located at the GH!	\$15		
Meat Variety	<i>1 package of frozen meat weekly, for twenty distributions.</i> From Stone E. River Ranch (Eagle, MI), Trillium Wood Farm (Williamston, MI), Heffron Farms (Belding, MI), and Grazing Fields Cooperative (Charlotte, MI). Includes one pound packages of pork chops, breakfast sausage, bacon (no additives), hot Italian sausage, bratwurst, and ground beef. Also includes larger packages of chicken breast, chicken leg & thigh, half-chicken, short ribs, boneless chuck roast, and whole chickens.	\$218		
Chicken	<i>1 package of frozen chicken bi-weekly, for ten distributions.</i> From Stone E. River Ranch (Eagle, MI) and Trillium Wood Farm (Williamston, MI). Includes whole chickens, half-chickens, chicken breast, and legs & thighs.	\$144		
Beef	<i>1 package of frozen beef bi-weekly, for ten distributions.</i> From Heffron Farms (Belding, MI). Originally settled in 1921 by Thomas and Cecelia Heffron, they are in their fourth generation of being good stewards of the land. Includes ground beef, ground beef patties, boneless chuck roasts, and beef briskets.	\$125		
Pork	<i>1 package of frozen pork bi-weekly, for ten distributions.</i> From Grazing Fields Cooperative (Charlotte, MI). Includes pork chops, breakfast sausage, bacon (no additives), hot Italian sausage, bratwurst, short ribs, and pork shoulder.	\$108		

Total Payment Due by September 6, 2017: _____

I will be paying via: Check (payable to Allen Neighborhood Center)
 Credit Card (via phone: 517-999-3910)

Please submit this worksheet with application & payment to:

Allen Neighborhood Center ATTN: Hunter Park GardenHouse Fall-Winter CSA (1611 E. Kalamazoo St. Lansing, MI 48912)

Questions? Contact Rita: 517-999-3910, rita@allenneighborhoodcenter.org