2017 Catalog
Food & Garden Programs
Workshops
Garden Supplies & Services
Gardening Supplies

Raised Garden Bed Kits
*Gardening made easy!*
A planting box is just the thing for summer veggies, herbs, and flowers! Raised garden beds solve the issue of amending the soil to make it acceptable for gardening. They lengthen the growing season, help the soil retain nutrients, and reduce the risk of pests and weeds. Kits include untreated white pine, hardware, and instructions. A hand screwdriver is the only tool needed for assembly. Kits are available for pick-up only. Pre-assembly is available. *Call ahead for availability: 517-999-3910.*

*Raised 11” Garden Bed*
4ft x 4ft  $45.00  
4ft x 8ft  $65.00

Pre-Ordered Plant Starts
*Get a jump start on the growing season with our sustainably-grown veggies, herbs, and flowers.*
All plants are started from seed in the Hunter Park GardenHouse. Multiple varieties of tomato, eggplant, pepper, kale, collard, Swiss chard, basil, herbs, and flowers available.

*Pre-Orders are due Friday, February 17.*
*For more info on plant varieties, visit:*
www.allenneighborhoodcenter.org/gardenhouse/plantsale
Allen Farmers Market
Open Year-Round Every Wednesday!

Indoors (November-May) 3:00-6:30pm
Inside Allen Market Place

Outdoors (June-October) 2:30-7:00pm
Corner of E. Kalamazoo & Allen

Featuring
Locally grown, raised, and prepared foods! Our vendors offer fresh produce, bread, eggs, meat, cheese, baked goods, and ready-to-eat foods.

Payments Accepted
Cash, Debit/Credit, SNAP, Double Up Food Bucks, Market Fresh, WIC Project Fresh, and Hoophouses for Health vouchers.

2017 Festivals
Food & fun!
Herbs & Starts Festival- May 24
Strawberry Festival- June 21
Kid’s Festival- July 19
Tomato Festival- August 23
Apple Festival- September 20
Harvest Festival- October 11

Allen Market Place Rentals
For full rental details & rates,
Visit: www.allenmarketplace.org/rentals
Contact Joan: joann@allenneighborhoodcenter.org, 517-999-3912.

We offer:
Commercial Kitchens- licensed kitchens for multi-use.
Great Room- for fundraisers, parties, or special events.
Classroom- a great space for meetings.
Food Storage- cool/cold options to meet your needs.
CSA Programs

Sign up for a subscription to local, seasonal veggies!

Community Supported Agriculture (CSA)
ANC offers two CSA programs: Hunter Park GardenHouse CSA and Veggie Box. In both programs, members sign up at the beginning of a season and commit to purchasing produce for the full season. CSA is a great way to meet other community members, try new recipes, and eat healthy. Read below for the details of these two programs:

Hunter Park GardenHouse CSA
All grown in Lansing’s Eastside.
We offer our sustainably-grown produce year-round. All produce is grown at the Hunter Park GardenHouse and we offer flexible payment options including: work shares, lump sum, monthly, and weekly SNAP payments. We also offer optional add-ons items of bread, eggs, meat, coffee, fruit pies, cheese, and more! Pick-up is on Wednesdays from 3:30-6pm, at the Allen Farmers Market.

Spring Greens CSA (9 weeks, February 15-April 12)
$90 for season. Produce includes: salad mix, spinach, and cooking greens (Swiss chard, kale, collards), and herbs.

Summer CSA (16 weeks, June 7-September 20)
$416 (All Pay), $208 (Work Share) for season. Produce includes: salad mix, head lettuce, cooking greens (Swiss chard, kale, collards), carrots, tomatoes, peppers, eggplant, beets, cucumbers, summer squash, radish, pole beans, basil, turnips, scallions, onions, potatoes, kohlrabi, garlic, herbs, flowers, and more!

Fall-Winter CSA (20 weeks, Sept. 27-Feb. 14, 2018)
$520 (All Pay), $260 (Work Share) for season. Produce includes: salad mix, cooking greens (Swiss chard, kale, collards), carrots, beets, Brussels sprouts, cabbage, bok choi, scallions, winter squash (acorn, butternut, delicata), potatoes, onions, radish, turnips, kohlrabi, garlic, herbs, flowers, and more!

For more info about the GardenHouse CSA, contact Rita: ritao@allenneighborhoodcenter.org, 517-999-3910.
Visit: www.allenneighborhoodcenter.org/gardenhouse/csa
Veggie Box
*Multi-grower CSA.*
All food is locally sourced from mid-Michigan farmers & food producers. We offer flexible payment options including: lump sum, weekly SNAP payments, and installment plans. We also offer optional add-ons items of bread, eggs, meat, coffee, fruit pies, cheese, and more! Individuals pick-up at the Allen Market Place on Thursdays from 12-6pm, and worksites can join the Veggie Box program if at least 5 employees participate, in which case, boxes are delivered to the worksite on Thursdays between 3-5pm.

**Summer Veggie Box** (20 weeks, June 15-Oct. 26), $400  
**Fall Veggie Box** (8 weeks, Nov. 2- Dec. 21), $160

For more info about Veggie Box, contact John:  
*exchange@allenneighborhoodcenter.org, 517-999-3923.*  
*Visit:* [www.allenmarketplace.org/veggiebox](http://www.allenmarketplace.org/veggiebox)

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Exchange
*Mid-Michigan’s Food Hub*
Visit our online wholesale market where you can shop for local food including a wide range of produce, eggs, meats, cheeses, baked goods & more. It’s a one-stop-shop for supporting local growers and food producers (and getting delicious food for your table!). Register for an account (free) and start shopping today!

Visit [www.allenmarketplace.org](http://www.allenmarketplace.org)

For more info, contact John:  
*exchange@allenneighborhoodcenter.org, 517-999-3923.*
Farm & Garden Workshops

Please register for each workshops via the links below.

 Intro to Beekeeping
*Sat. January 14, 12:30-2pm, Hunter Park GardenHouse, $12.*
This workshop will teach the basics of backyard beekeeping, equipment needed, and safety. Workshop led by MSU apiculture and pollination specialist professor, Walter Pett. Register at [https://goo.gl/h7NQ7s](https://goo.gl/h7NQ7s)

 Who Licenses Your Food Business?
*Friday, January 20, 1-3pm, Allen Market Place, Free*
Licensing of ready to eat and packaged food products can be tricky! You need to know how your product is categorized, who to get licensing from, and what steps you need to take. Here to help are Amy Thomas from the Ingham County Health Department and Pam Weaver from the Michigan Department of Agriculture & Rural Development. Register at [https://goo.gl/ck3hfQ](https://goo.gl/ck3hfQ)

 GroupGAP Informational Session
*Friday, February 3, 1-3pm, Allen Market Place, Free*
Interested in becoming GAP certified? Learn more about the GroupGAP Program with an informational session led by Phil Britton of Cherry Capital Foods. The program is geared towards small and mid sized farmers working as a group to learn and practice industry-recognized food safety practices. Register at [https://goo.gl/to680y](https://goo.gl/to680y)

 Seed Starting and Transplanting
*Sat. February 4, 12:30-2pm, Hunter Park GardenHouse, $12.*
Learn helpful tips and tricks to grow successful vegetable plants from seed. Workshop led by Denae Friedheim of MSU Student Organic Farm. Register at [https://goo.gl/bUO310](https://goo.gl/bUO310)
Understanding Institutional and Wholesale Markets: Products and Pricing
_Friday, February 10, 1-3pm, Allen Market Place, Free_
Institutional and wholesale markets can be a key component of a successful farm business. From farmers’ experiences and information about their sales, learn about which products are in demand from institutional and wholesale buyers and how to price them. Workshop coordinated by Colleen Matts, Farm to Institution Specialist with MSU Center for Regional Food Systems, with Erin Caudell, Hoophouse Outreach Specialist and Owner of Local Grocer & Flint Ingredient Company and other local farmers. Register at [https://goo.gl/NrZ0el](https://goo.gl/NrZ0el)

Planning Your Garden Year
_Sat. February 11, 12:30-2pm, Hunter Park GardenHouse, $12._
Plan the layout, crops, and planting schedule for your home garden. Workshop led by Rita O’Brien of Hunter Park GardenHouse. Register at [https://goo.gl/TDDQ8j](https://goo.gl/TDDQ8j)

Developing a Farm Safety Plan
_Friday, February 24, 1-3pm, Allen Market Place, Free_
Join us as farm food safety expert Phil Tocco, of MSU Extension, explains food safety concerns for farmers. Learn how to identify potential hazards and complete a meaningful food safety plan. Register at [https://goo.gl/1BeMSY](https://goo.gl/1BeMSY)

Financial and Accounting for Food Businesses
_Friday, March 3, 1-3pm, Allen Market Place, Free_
Designed with a focus on food businesses, this introductory session helps with the basics of financial management including simple accounting systems and how to apply the information from financial statements to help you manage your business. Tips on what to keep track of, how to price your product, and what taxes you are responsible for will be covered. Cash flow analysis, breakeven points, and startup costs are also covered with specific food business examples. Workshop led by Tom Donaldson of LCC Small Business Development Center. Register at [https://goo.gl/iSrYtl](https://goo.gl/iSrYtl)

More workshops on the next page.
Plant Therapy
*Sat. March 4, 12:30-2pm, Hunter Park GardenHouse, $12.*
Did you know plants can be used as a form of therapy? Learn more about which plants to use and incorporating them into your home garden. Workshop led by Lacey Ingrao of the Michigan Horticulture Therapy Association. Register at [https://goo.gl/JD3ZMD](https://goo.gl/JD3ZMD)

Soil Care
*Sat. March 18, 12:30-2pm, Hunter Park GardenHouse, $12.*
Create healthy soil for your backyard or community garden space. Workshop led by Brian Allnutt of Detroit Farm and Garden. Register at [https://goo.gl/lKuYOL](https://goo.gl/lKuYOL)

Vermicomposting
*Sat. April 1, 12:30-2pm, Hunter Park GardenHouse, $12.*
Learn about vermicomposting and how to start your own outdoor worm composting bin at home. Workshop led by MSU graduate research assistant, Brooke Comer and MSU horticulture student, Mary Haven. Register at [https://goo.gl/ufj4xx](https://goo.gl/ufj4xx)

Gardening 101
*Sat. April 15, 12:30-2pm, Hunter Park GardenHouse, $12.*
Are you new to gardening? Learn the basics and skills to become a successful gardener. Workshop led by mom and daughter pair, Cindi McKenney and Leah Kate McKenney of Hunter Park GardenHouse. Register at [https://goo.gl/KP5ljf](https://goo.gl/KP5ljf)

Container Gardening
*Sat. April 29, 12:30-2pm, Hunter Park GardenHouse, $12.*
Container gardening has become a popular form of flower, veggie, and herb gardening and is ideal for people with little outdoors space or living in an urban setting. Workshop led by Leah Kate McKenney of Hunter Park GardenHouse. Register at [https://goo.gl/UgDqLR](https://goo.gl/UgDqLR)

Plants and Their Pollinators
*Sat. May 13, 12:30-2pm, Hunter Park GardenHouse, $12.*
Need more productivity out of your garden? Learn more about which plants attract pollinators. Workshop led by former MSU perennial garden manager, Renata Reibitz. Register at [https://goo.gl/MECDxc](https://goo.gl/MECDxc)
Designing Garden Beds  
_Sat. May 27, 12:30-2pm, Hunter Park GardenHouse, $12._
Learn how to design beautiful garden beds at home. Workshop led by recent MSU horticulture graduate, Ryan Betzer. Register at [https://goo.gl/qWQckK](https://goo.gl/qWQckK)

Organic Pest Management  
_Sat. June 10, 12:30-2pm, Hunter Park GardenHouse, $12._
Learn how to identify, prevent, and treat vegetable plant damage by common pests. Workshop led by Adam Ingrao of MSU Vegetable Entomology Lab. Register at [https://goo.gl/SRzN1l](https://goo.gl/SRzN1l)

Flower Arranging  
_Sat. July 8, 12:30-2pm, Hunter Park GardenHouse, $12._
Learn how to create a beautiful, cut-flower garden, and which flower varieties work best for bouquets. Make and take home your own bouquet. Workshop led by MSU perennial garden manager, Bethany Troy. Register at [https://goo.gl/2nvVlg](https://goo.gl/2nvVlg)

Gardening Services

Visiting Gardener  
*Bring GardenHouse expertise to your yard.*
Schedule a yard call with our Gardening Educator, who helps Eastside neighbors tackle various gardening issues. Examples of services: identify plant diseases in your garden, help plan the layout of a new garden, pick out vegetables that work best for your yard, show you how to grow and care for different kinds of vegetables, etc. Suggested donation: $10-15 (free for low-income households). To schedule, contact Leah: 517-999-3913, gardeningeducator@allenneighborhoodcenter.org
Youth Programs

Planting seeds for the future.
Our free after-school and summer youth programs teach youth valuable gardening, nutrition, culinary, physical fitness, leadership, teamwork, and various other job and life skills through service-learning projects (described below). We work with youth ages 5-17. For more info, contact Youth Programs Coordinator, Stephanie: 517-999-3918, youthprograms@allenneighborhoodcenter.org

Edible Park
Hunter Park visitors are encouraged to help themselves to fresh produce from fruiting trees, bushes, and perennial herbs from designated spaces (outside the fence only) in Hunter Park, that youth plant and nurture. Join us for one of our facilitated Collection Days this summer: Fridays, June 30, July 28, August 25, 10-12pm

Park Cart
Healthy snacks for service!
Stop by Park Cart during the summer season of the Allen Farmers Market and purchase a variety of youth-grown & produced food products! This project enables youth to learn entrepreneurial and culinary skills, and sales support their program. Visit Park Cart at the Allen Farmers Market: Wednesdays, 2:30-7pm (June-August)

Fruit Tree Project
Join the movement- map a fruit tree!
We're mapping fruit trees & harvesting fruit throughout the area to prevent fruit from going to waste and redistribute it to those in need. We are looking for additional trees to map this year! To map your fruit tree and learn more about the project, visit: www.allenneighborhoodcenter.org/youthservicecorps/#fruittreeproject

Free Garden-in-a-Box
Free for neighbors within walking distance of Hunter Park. A 2ft x 2ft raised garden bed is a small-scale introduction to yard gardening. Apply for a FREE raised garden box kit complete with soil, and plants/seeds of your choice. We'll help you plan & plant. For more info, contact Leah: 517-999-3913.
Get Involved

Volunteer with ANC
Growing in Community.
Our programs rely on service from volunteers. In addition to daily volunteer shifts with our programs, we also have periodic events. It is a great opportunity to meet others, participate in hands-on activities, and give back to the community.
To volunteer with us, please contact our Volunteer Coordinator: 517-999-3919, volunteer@allenneighborhoodcenter.org

Active Neighboring News
Stay up to date on what is happening around town!
Learn about events, workshops, programs and more.
Sign-up online: https://goo.gl/JEPmLW

Show Your Support

We appreciate every gift, large or small.
Whether you choose a one-time or recurring contribution to Allen Neighborhood Center, you can donate online (using credit card or PayPal) or by sending a check (payable to Allen Neighborhood Center) to our office: 1611 E. Kalamazoo St. Lansing, MI 48912

Sponsorship Opportunities
Publicity for your business or organization.
Available for the farmers market, youth programs, and special events. Contact Joan for details: 517-999-3912.
Come Visit Us

Allen Neighborhood Center
1611 E. Kalamazoo St. Lansing, MI 48912
Mon, Tues, Thurs: 9-5pm
Wednesday: 9-6pm
Friday: by appointment only.
Call 517-367-2468

Hunter Park GardenHouse
1400 E. Kalamazoo St. Lansing, MI 48912
Hours vary by season. Call 517-999-3910

Allen Market Place
1629 E. Kalamazoo St. Lansing, MI 48912
Allen Farmers Market
Wednesdays
Outdoors (June–October) 2:30–7:00pm
Inside (November–May) 3:00–6:30pm
Call 517-999-3911

Keep In Touch

www.allenneighborhoodcenter.org

Allen Neighborhood Center
Hunter Park Garden House
Allen Market Place
Allen Farmers Market